

# **SURF LESSON ENROLMENT FORM**

**Full name and address.**

**(Contact number of next of kin if under 18 and parental signature.)**

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## **Terms & Conditions**

### **Customer requirements**

Standard minimum age is 8 years old.

Recommended swimming ability 50 metres.

Customers are required to follow instructions as required by instructors.

Customers must not be under the influence of drugs or alcohol.

It is recommended that customers allow at least 30 minutes after finishing a meal before participating in a surf lesson.

Please advise instructor of any medical conditions no matter how irrelevant.

### **Booking fees**

Lesson fee is required to secure booking.

Where a lesson is cancelled by customer, a 50% charge is applied.

If a lesson is cancelled due to adverse weather conditions an alternative date will be made.

### **Inclusions**

Lessons run for 2 hours unless otherwise stated.

Surfboard, wetsuit, safety equipment and qualified instructor are included in the cost of the lesson unless otherwise stated.

### **Lesson structure**

Beginner lessons follow the standard 'ABC' lesson plan as recommended by the British Surfing Association, a beginner is someone who has not surfed before or has very little experience.

Improver lessons progress on the form of the 'ABC' repeating stand up techniques and tailoring the session to individual goals.

Advanced lessons are tailored to individual requirements.

Signed.....

Date.....



**QUALIFIED INSTRUCTOR**

